

changes

Tick the column you think is correct	boys	girls	both
more spots might appear			
hips become wider			
breasts develop			
voice deepens			
periods (menstruation) starts			
facial hair grows			
sperm are produced and released			
eggs start to be released			
hair and skin may become more greasy			
Increase in height			
pubic hair starts to grow			
underarm hair starts to grow			
shoulders and chest get broader			
Thighs get stronger			
eat more			
penis and testis(testicles) get bigger			
sweat/ perspire more			
mood swings			

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